

Week 1

Monday

MAIN MEAL
 Breaded Chicken Fillet Slider with Sweet Potato Wedges & BBQ Beans.

VEGGIE
 Vegan Burger Slider with Sweet Potato Wedges & BBQ Beans.

PASTA
 Tomato & Vegetable Pasta Sauce with Penne Pasta.

DESSERT
 Date & Apple Flapjack / Fresh Fruit Pot / Cheese & Biscuits.

Tuesday

MAIN MEAL
 Lightly Spiced Lamb Kofta Pitta Bread with Salad.

VEGGIE
 Home Made Tomato & Vegetable Soup with Cheese Toasty.

PASTA
 Bolognese Sauce with Penne Pasta.

DESSERT
 Carrot & Cinnamon Cake / Fresh Fruit Pot / Cheese & Biscuits.

Wednesday

MAIN MEAL
 Pot Roast Beef & Yorkshire Pudding, Mashed Potato & Vegetable Medley.

VEGGIE
 Quorn & Vegetable Stew with Mashed Potato & Vegetable Medley.

PASTA
 Ham & Pea Carbonara Sauce with Penne Pasta.

DESSERT
 Victoria Sponge Cake / Fresh Fruit Pot / Cheese & Biscuits.

Thursday

MAIN MEAL
 Chicken Fillet & Pepper Korma with Vegetable Pilau Rice & Garlic Naan Bread.

VEGGIE
 Quorn & Pepper Korma with Vegetable Pilau Rice & Garlic Naan Bread.

PASTA
 Lasagne with Salad & Garlic Bread.

DESSERT
 Chocolate Shortbread / Fresh Fruit Pot / Cheese & Biscuits.

Friday

MAIN MEAL
 Fish & Chips with Garden Peas.

VEGGIE
 Quorn Chicken Nuggets with Oven Chips and Baked Beans.

PASTA
 Macaroni & Cheese.

DESSERT
 Coconut & Pineapple Cake / Fresh Fruit Pot / Cheese & Biscuits.

*** Every day we also offer freshly baked jacket potatoes with fillings, selection of sandwiches and a salad bar.**

BISHOP WILKINSON CET PRIMARY SCHOOL'S THREE WEEK MENU CYCLE FOR WINTER/SPRING TERM 2020/2021



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 RECYCLE
 LOCAL
 DELICIOUS

Week 2

Monday

MAIN MEAL

100% Beef Burger with Oven Baked Wedges, Salad & Sweetcorn.

VEGGIE

Mini Spring Rolls with Savoury Rice and Sweet Chilli Sauce.

PASTA

Tomato & Vegetable Pasta Sauce with Penne Pasta.

DESSERT

Chocolate Chip Cookie / Fresh Fruit Pot / Cheese & Biscuits.

Tuesday

MAIN MEAL

Chicken & Coriander Rice Burrito with Salad.

VEGGIE

5 Bean & Coriander Rice Burrito with Salad.

PASTA

Bolognese Sauce with Penne Pasta.

DESSERT

Banana & Honey Cake / Fresh Fruit Pot / Cheese & Biscuits.

Wednesday

MAIN MEAL

Mince & Onion Pie with Baby Roast Potatoes, Carrots & Cabbage.

VEGGIE

Quorn Mince & Onion Pie with Baby Roast Potatoes, Carrots & Cabbage.

PASTA

Ham & Pea Carbonara Sauce with Penne Pasta.

DESSERT

Strawberry Cheesecake Pot / Fresh Fruit Pot / Cheese & Biscuits.

Thursday

MAIN MEAL

Pepperoni Pizza with Corn on the Cob & Italian Herb Potatoes.

VEGGIE

Vegetable Deluxe Pizza with Corn on the Cob & Italian Herb Potatoes.

PASTA

Lasagne with Salad & Garlic Bread.

DESSERT

Chocolate & Beetroot Cake / Fresh Fruit Pot / Cheese & Biscuits.

Friday

MAIN MEAL

Fish Fingers, Chips & Garden Peas.

VEGGIE

Vegan Quorn Sausages with Oven Chips & Garden Peas.

PASTA

Macaroni & Cheese.

DESSERT

Vanilla Cupcakes & Sprinkles / Fresh Fruit Pot / Cheese & Biscuits.

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BISHOP WILKINSON CET PRIMARY SCHOOL'S THREE WEEK MENU CYCLE FOR WINTER/SPRING TERM 2020/2021



RECYCLE SEASONAL HARVEST FLAVOUR

Week 3

Monday

MAIN MEAL

Sausage Roll with Oven Baked Wedges and Beans.

VEGGIE

Vegan Sausage Roll with Oven Baked Wedges & Beans.

PASTA

Tomato & Vegetable Pasta Sauce with Penne Pasta.

DESSERT

Chocolate Brownie / Fresh Fruit Pot / Cheese & Biscuits.

Tuesday

MAIN MEAL

Shepherds Pie Served with Cauliflower Cheese.

VEGGIE

Shepherdess Pie Served with Cauliflower Cheese.

PASTA

Bolognese Sauce with Penne Pasta.

DESSERT

Oaty Cookie / Fresh Fruit Pot / Cheese & Biscuits.

Wednesday

MAIN MEAL

Roast Chicken & Yorkshire Pudding, Roast Potatoes, Broccoli & Carrots.

VEGGIE

Cauliflower Cheese & Pasta Bake with Medley of Vegetables.

PASTA

Ham & Pea Carbonara Sauce with Penne Pasta.

DESSERT

Fruity Rocky Road / Fresh Fruit Pot / Cheese & Biscuits.

Thursday

MAIN MEAL

Slow Cooked Beef & Potato Malaysian Curry with Vegetable Pilau Rice.

VEGGIE

Quorn & Vegetable Malaysian Curry with Vegetable Pilau Rice.

PASTA

Lasagne with Salad & Garlic Bread.

DESSERT

Raspberry Jelly Pots / Fresh Fruit Pot / Cheese & Biscuits.

Friday

MAIN MEAL

Salmon Fish Cake with Oven Chips and Sweetcorn.

VEGGIE

Pitta Bread Pizza with Oven Chips, Sweetcorn & Salad.

PASTA

Macaroni & Cheese.

DESSERT

Sticky Orange Cake / Fresh Fruit Pot / Cheese & Biscuits.

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BISHOP WILKINSON CET PRIMARY SCHOOL'S THREE WEEK MENU CYCLE FOR WINTER/SPRING TERM 2020/2021



RECYCLE SEASONAL HARVEST FLAVOUR