

# Week 1

## Monday

### MAIN MEAL

Fresh Butchers Beef Burger with Salad, Special Sauce & Potato Wedges.

### VEGGIE

Veggie Burger with Salad, Special Sauce & Potato Wedges.

### PASTA

Tomato & Vegetable Pasta with Garlic Bread.

### DESSERT

Lemon Drizzle Cake.

## Tuesday

### MAIN MEAL

Mince Beef & Suet Dumpling Served with Mash Potato, Savoy Cabbage & Roasted Carrots.

### VEGGIE

Quorn Mince & Suet Dumpling Served with Mash Potato, Savoy Cabbage & Roasted Carrots.

### PASTA

Macaroni & Cheese with Salad & Garlic Bread.

### DESSERT

Sticky Toffee Pudding with Custard.

## Wednesday

### MAIN MEAL

Roast Pork Loin & Stuffing with Yorkshire Pudding, Roast Potatoes, Mashed Swede & Broccoli.

### VEGGIE

Homemade Lentil Soup with a Cheese Sandwich.

### PASTA

Chicken, Sweetcorn & Bacon Pasta Sauce with Garlic Bread.

### DESSERT

Fresh Fruit Wednesday - Try Something New.

## Thursday

### MAIN MEAL

Chicken Katsu Curry with Rice, Grated Carrot & Sweetcorn.

### VEGGIE

Falafel - Katsu Curry with Rice, Grated Carrot & Sweetcorn.

### PASTA

Bolognese Sauce with Penne Pasta & Garlic Bread.

### DESSERT

Chocolate Mousse.

## Friday

### MAIN MEAL

Roasted Cod Fish Fingers, Chips & Beans.

### VEGGIE

Margherita Pizza with Chips & Salad.

### PASTA

Tuna Pasta Bake with Salad & Garlic Bread.

### DESSERT

Homemade Iced Shortbread.

\* Every day we also offer freshly baked jacket potatoes with fillings, selection of sandwiches and a salad bar. Fresh fruit and cheese & biscuits available daily as an alternative dessert.

BISHOP WILKINSON CET PRIMARY SCHOOL'S THREE WEEK MENU CYCLE FOR AUTUMN/WINTER 2021/2022



RECYCLE SEASONAL HARVEST FLAVOUR

# Week 2

## Monday

### MAIN MEAL

Posh Dogs - High Meat Content Smokey Sausage in a Bun with Toppings, Corn on the Cob and Nacho's.

### VEGGIE

Vegan Dogs. - Served in a Bun with Topping, Corn on the Cobs & Nachos.

### PASTA

Tomato & Vegetable Pasta with Garlic Bread.

### DESSERT

Home Made Devon Scones with Jam & Cream.

## Tuesday

### MAIN MEAL

Beef & Vegetable Cobbler With Roasted Baby Potatoes.

### VEGGIE

Five Bean & Vegetable Cobbler with Roasted Baby Potatoes.

### PASTA

Macaroni & Cheese with Salad & Garlic Bread.

### DESSERT

Iced Chocolate Cake.

## Wednesday

### MAIN MEAL

Roast Turkey Breast, Pig N Blanket, Roast Potatoes, Carrots, Peas & Cauliflower.

### VEGGIE

Homemade Vegetable Soup with a Cheese Sandwich.

### PASTA

Chicken, Sweetcorn & Bacon Pasta Sauce with Garlic Bread.

### DESSERT

Fresh Fruit Wednesday - Try Something New.

## Thursday

### MAIN MEAL

Chicken & Pepper Tikka Masala with Vegetable Pilau Rice & Naan Bread.

### VEGGIE

Quorn & Pepper Tikka Masala with Vegetable Pilau Rice & Naan Bread.

### PASTA

Bolognese Sauce with Penne Pasta & Garlic Bread.

### DESSERT

Apple Crumble & Custard

## Friday

### MAIN MEAL

Breaded Fish Fillet, Served with Chips and Garden Peas.

### VEGGIE

Cheese, Tomato & Pepper Panini Served with Chips & Salad.

### PASTA

Tuna Pasta Bake with Salad & Garlic Bread.

### DESSERT

Homemade Jammy Dodger Biscuits.

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RECYCLE SEASONAL HARVEST FLAVOUR

# Week 3

## Monday

### MAIN MEAL

Chicken Fillet  
Nuggets with Herby  
Roast Potatoes,  
Coleslaw & Corn  
on Cob.

### VEGGIE

Veggie Nuggets with  
Herby Roast Potatoes,  
Coleslaw & Corn on  
the Cob.

### PASTA

Tomato &  
Vegetable Pasta  
with Garlic Bread.

### DESSERT

Chocolate Crispy  
Cakes.

## Tuesday

### MAIN MEAL

Sausage & Mash  
Northumberland Sausage,  
Served with Mustard Mash,  
Onion Flavored Gravy &  
Peas.

### VEGGIE

Vegan Sausage & Mash  
Served with Mustard Mash,  
Onion Flavored Gravy  
& Peas.

### PASTA

Macaroni & Cheese with  
Salad & Garlic Bread.

### DESSERT

American Style Pancakes  
with Fruit Compote &  
Caramel Sauce.

## Wednesday

### MAIN MEAL

Roast Beef & Yorkshire  
Pudding Served with Roast  
Potatoes, Broccoli, Carrots  
and Cabbage.

### VEGGIE

Home Made Tomato Soup  
with a Cheese Sandwich.

### PASTA

Chicken, Sweetcorn &  
Bacon Pasta Sauce with  
Garlic Bread.

### DESSERT

Fresh Fruit Wednesday -  
Try Something New.

## Thursday

### MAIN MEAL

Swedish Meatballs  
with Rice, Carrots and  
Sweetcorn.

### VEGGIE

Quorn Swedish Balls with  
Rice Carrots & Sweet  
Corn.

### PASTA

Bolognese Sauce with  
Penne Pasta & Garlic  
Bread.

### DESSERT

Raspberry Jelly Pots.

## Friday

### MAIN MEAL

Fish Goujons, Served  
with Chips & Garden  
Peas.

### VEGGIE

Chinese Sweet Chilli  
Stir-Fry with Egg  
Noodles.

### PASTA

Tuna Pasta Bake with  
Salad & Garlic Bread.

### DESSERT

Warm Chocolate  
Brownie.

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RECYCLE SEASONAL HARVEST FLAVOUR